

FMC Travel Club

A subsidiary of Federated Mountain Clubs of New Zealand (Inc)

Club Convenor : John Dobbs

Travel Smart Napier

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***** Englands finest : South West Coast Path and Coast to Coast *****

Choose from two separate trip modules or combine and do the lot!

*Two superb significant walking routes providing arguably some of the best walking in
England*

Option One : South West Coast (SWCP)

1st to 20th June 2018 – Padstow to Bath, 20 days. \$4595

Option Two : Coast to Coast (end to end)

20th June to 9th July – St Bees to Robin Hood's Bay, 20 days. \$3595

Option Three : combine together – 1st June to 9th July, 39 days. \$8195

Trip leader : John Dobbs

Costs are based on a minimum group size of 7 and estimated as at May 2017, so subject to change

Any payment by visa or mastercard will attract a surcharge of \$130 per module

NB – It is possible to request a solo use room on each option for an \$800 surcharge, per option

PRICE INCLUDES :

- *All accommodation – mainly small hotels and B & B's on a twin shared basis*
- *Transport as detailed in the daily itinerary (plus connecting transport if doing both options)*
- *Meals as shown in the daily itinerary by B.D. (all breakfasts plus an arrival and departure dinner for each option)*
- *An experienced and knowledgeable Kiwi leader, payment to FMC*
- *Bag transfers, group maps and walking notes, inclusions as shown in the daily itinerary*

PRICE DOES NOT INCLUDE :

- *Travel insurance (mandatory)*
- *Other meals not otherwise included*
- *Getting to and from each option (connecting transport is included if doing both options)*
- *Personal incidental expenses*

Trip Leader

John needs little introduction – he is the travel club organizer, regular tramper with the Napier Tramping Club, a keen mountain biker and Lion. He has led many trips for the travel club and enjoys the fun and challenges of organizing and leading groups overseas.

“It’s a few years since we offered a good walking trip in England, so this time I’ve chosen two of the most popular and iconic trails (also called a Path and a Walk) that provide a brilliant contrast, and arguably the best long distance walking in the country. I’ve made it easy to choose one or both options to fit around private travels you may want to make to friends or family in England or elsewhere. Or for those with plenty of time who are looking to tick off a couple of bucket list trips, you will be keen to do both options. I’ve timed the holiday for some of the best weather too, and before the crowds in summer”.

I’d love you to come and experience the beauty and delights of these regions of Britain and welcome your enquiries at any time on 06 8352222 or john@travelsmart.co.nz

I can also assist with flights, travel insurance and anything else you may need to complete your awesome holiday.

Holiday Overview

Option One - South West Coast Path

Britain’s longest National Trail encircles the southwest peninsula through four counties incorporating a widely varied terrain of towering rugged clifftops, secluded coves, lush wooded creeks, gorgeous beaches and castle ruins, numerous towns, villages and hamlets of much charm and character, and with an extensive history comprising mining, smuggling, fishing and many other highlights. Whereas the entire distance of a little over 1000kms would take a couple of months to complete, we will walk the most westerly section around Cornwall, from north – west – east, beginning in Padstow and finishing in Falmouth. Our near three weeks will see us cover some of the most interesting and varied parts of the Path across 260kms or so.

Reaching the starting point at Padstow is straight forward. Coming from London by train the journey takes a bit over 6 hours.

While we finish walking the Path at Falmouth, the trip continues initially to view the must see Eden Project and Lost Gardens of Heligan and then to finish at Bath, one of England’s absolute must see locations.

Bath is well connected by train and bus and highway routes and its closest large city is Bristol.

Note that costs are higher for option one mainly due to accommodation, luggage transfers and the additional two nights and inclusions.

At \$4595 listed, this option averages \$229 per day

Option Two – Coast to Coast Walk

This very popular long distance footpath is mostly un-signposted and is not actually a National Trail. It is 309kms from the sea at St Bees on the Irish Sea coast of Cumbria to Robin Hood’s Bay on the North Sea coast of Yorkshire and we will cover the entire length.

Devised by Alfred Wainwright, it passes through three contrasting national Parks : the Lake District National Park, the Yorkshire Dales National Park, and the North York Moors National Park.

Wainwright recommends that walkers dip their booted feet in the Irish Sea at St Bees, and at the end of the walk, in the North Sea at Robin Hood’s Bay.

Although unofficial, the Coast to Coast Walk uses public rights of way (public footpaths, tracks and minor roads), permissive paths and access land. It is also one of the most popular of all the long distance paths in the UK, and has been proclaimed as one of the best walks in the world.

By walking from west to east, we keep the prevailing wind and rain at one’s back, and the evening sun out of one’s eyes.

There is a wealth of variety and photogenic scenes in the landscape, along with many delightful little villages and hamlets to stay at, and historic sites to discover. A real contrast to the South West Coast Path.

At \$3595 listed, this option averages \$179 per day

Option Three – Combined

At \$8195 listed, this option averages \$210 per day

A typical walking day begins with breakfast at the accommodation. Carry a daypack with valuables and what you need for the day. A water bottle is essential along with snacks with lunch either carried or bought along the way. Walk as a

group or at your own pace with regular gathering points. Stop often for photos, to check out a historic site or village café, maybe enjoy a swim even (option one only). Each day will be different but the pattern will be similar. We aim to arrive at the overnight stop in reasonable time to relax, have a shower before dinner etc.

We will have maps and walking guides to assist and the SWCP in particular is well marked.

Everyone needs to 'buy in' to the daily route to be followed and a daily meeting to review the day and plan for the next is essential. Staying in touch with each other and being aware of everyone will make for safe and enjoyable walking. On some longer days, you may like to consider doing part or all the day by local transport and generally there will be an option available.

A day off now and then in strategic or picturesque locations is included to break up the steady days of walking. No formal activities will be scheduled on these days, so the day is free to enjoy local sights, do an extra walk, shop, visit museums etc.

Accommodation for both options is in small hotels and bed and breakfasts, on a twin sharing basis. These are popular and fill well ahead of time, so your early commitment is needed to secure these. It is quite possible that we may be split across several properties on occasions. The logistics of fitting solo travellers together is not always straightforward, so I've made a solo room choice available for both options.

Meals. All breakfasts are included and these will be taken at the accommodations we use.

All lunches are your own cost and choice for flexibility. There are regular villages with cafes, convenience stores, or small supermarkets where made up sandwiches, snacks or fruit may be purchased, drinks etc.

A couple of dinners are included on each option – a welcome to the group shared dinner and a celebration end of walk dinner to toast our success, taken at local restaurants. Otherwise you should budget GBP15 – 30 being typical of a restaurant or pub 'middle of the road' dinner. Sometimes the choices will be limited, so some flexibility is needed. Dietary issues can generally be accommodated.

Transport. Getting to the start point of each option is straightforward. Train or bus journeys and the frequency of services make this easy enough. Any break away from the daily walking programme that would involve local transports is your cost and choice. On both options, main bags will be moved to the next accommodation by local operators and the costs are included.

Included in option one are several train journeys, and for those selecting both options, getting from Bath to St Bees in one day is also included in option three. Otherwise, we are walking!

Other inclusions. For a visit to the southwest, a visit to the famous Eden Project and Lost Gardens of Heligan are a real must, so the cost of both is included.

Any visits to museums or other facilities or points of interest along our route is by personal choice and own cost. It may be possible to time our walk along the SWCP to co-incide with a performance at the renowned outdoor Minack Theatre, for example.

Further information can be disseminated by a pre-trip newsletter, which will include accommodation specifics, gear and clothing lists and other aspects to the smooth running of the trip. There are many websites and other sources of information about the SWCP and Coast to Coast route.

At any time, any questions or issues should be brought to my attention : john@travelsmart.co.nz and 06 8352222.

Itinerary – Option One

Day 1. Fri 1st June. Arrive Padstow

Travel to Padstow and meet up with the group tonight over our included dinner. Padstow is a small fishing port on the north Cornwall Coast. A popular tourist spot also and famous for the location of Rick Stein's Seafood Restaurant. **D.**

Day2. Sat 2nd June. To Porthcothan

We set out around the peninsula of Trevoze Head, then turn south. There are lots of sandy beaches on our way to the tiny village of Porthcothan, a distance of 21kms. **B.**

Day3. Sun 3rd June. To Newquay

A large town and fishing port, Newquay is bright, breezy and somewhat brash. Perched on the cliffs above a cluster of white sand beaches, it is a surfing hotspot. Approx' 16kms today. B

Day 4. Mon 4th June. To Perranporth

Perranporth is a popular seaside destination and the Atlantic swells here provide more great surfing conditions. Approx' 18kms today. B

Day 5. Tue 5th June. To Portreath

Another interesting and varied walk to tiny Portreath, a wee port embracing its narrow harbour. Approx' 19kms today. B.

Day 6. Wed 6th June. To Hayle

The route continues south into the broad sweep of St Ives Bay, with the town and port of Hayle at the mouth of the Hayle River. A small cargo port, Hayle today is popular with families. Approx' 19kms today. B.

Day 7. Thu 7th June. To St Ives

Sitting on the western fringes of a lovely arc-shaped bay. St Ives was once one of Cornwall's busiest pilchard fishing harbours, but is better known now as the centre of the county's art scene. From the old harbour, cobblestoned alleyways and switchback lanes lead up to a jumble of cafes, galleries and restaurants catering to big numbers of visitors. Approx' 10kms today. B.

Day 8. Fri 8th June. Day off in St Ives

After six continuous days of walking, it is time to take a break in delightful St Ives. Possibly visit the Barbara Hepworth Museum and Sculpture Garden and the St Ives Museum, or just stroll about enjoying the galleries and cafes. B.

Day 9. Sat 9th June. To Zennor

The final western extension of Cornwall is very rugged and windswept with few trees and the tiny hamlets are often connected to the heyday of Cornish tin mining. In this area, the Geevor Tin Mine, which closed 25 years ago, now offers tours of the underground shafts providing an insight into the dark and dangerous conditions in which Cornwall's miners worked. For the next few days, the landscape of granite hills and moors is at once romantic, wild and brooding. Our walk to the tiny village of Zennor is around 10kms. B.

Day 10. Sun 10th June. To St Just

Continuing further around the peninsula jutting out into the wild Atlantic sea, we reach St Just after 18kms walking. B.

Day 11. Mon 11th June. To Porthcurno

A fascinating day as we 'round the corner' at Land's End. The coal-black cliffs, heather covered headlands and booming Atlantic surf at Land's End really steal the show. Our destination is Porthcurno, which is close to the world renowned and unique open air Minack Theatre, an unusual setting for plays staged during the summer months ranging from Shakespeare to the more contemporary. The theatre is accessible by a rugged path or by road. Well worth a visit today or tomorrow and we may be fortunate enough to also time our visit with a play being staged there. Approx' 18kms today. B.

Day 12. Tue 12th June. To Penzance

We are now on the south side of the far west of Cornwall, walking east towards Penzance, a distance of around 18kms. Penzance is a small city stretching along the broad sweep of Mount's Bay, and the last stop on the rail line from London. With a hotch-potch of winding streets, old shopping arcades and grand seafront promenade giving it atmosphere. Along this rugged stretch we passed through the delightfully named Mousehole, pronounced Mow-zel. B.

Day 13. Wed 13th June. To Porthleven

Following east along the bay, we pass the island abbey of St. Michael's Mount, one of Cornwall's iconic landmarks. Set on a collection of craggy cliffs and connected to the mainland by a cobbled causeway that is submerged by the rising tide, there has been a monastery here since the 5th century. Well worth a visit if the tides permit. This south coast is more sheltered and gentler as we continue to Porthleven, around 21kms. A small seaside town with Britain's most southerly port, the coastline here has seen many shipwrecks. B.

Day 14. Thu 14th June. To The Lizard

The Lizard Peninsula is the most southerly land on mainland Britain and is a rather rugged place. The black cliffs and coves here are storm lashed in winter, while in summer the land is covered in wildflowers and there are numerous little coves perfect for a secluded swim. The area was also known as the centre of Cornwall's smuggling industry and is still alive with stories of the past. In the middle of the peninsula is Goonhilly Earth Station, the vast dishes of which make up the largest satellite station on earth. An interesting tour here could be added to the day or perhaps tomorrow. Approx' 21kms today. B.

Day 15. Fri 15th June. To Coverack

Coverack is a pretty fishing village on the east side of the Lizard Peninsula and our overnight stop after 18kms today. B.

Day 16. Sat 16th June. To Mawnan Smith

Our 2nd to last day on the SWCP is a longish one at 24kms to the village of Mawnan Smith. There were once four blacksmiths operating here, but a trust has restored one to active duty and this makes for an interesting visit. B.

Day 17. Sun 17th June. To Falmouth

We are only 7kms from Falmouth and the end of the walk, so should reach it by lunch. The route is blocked by the broad inlet of the Helford River, which we will cross by ferry to reach Falmouth. Carrick Roads is the name of the large and deep harbour Falmouth sits beside and the entrance to the harbour is guarded by Pendennis Castle, sitting on a promontory to the south. Falmouth is a small city and the biggest port in Cornwall. Tonight, a celebration dinner to toast our success on walking the SWCP. B.D.

Day 18. Mon 18th June. To St Austell and local sights

Travel by train around 40kms north to St Austell, our overnight stop. Today we will visit several major sights of Cornwall. The amazing Lost Gardens of Heligan – formal terraces, flower gardens, a working kitchen garden and a spectacular jungle walk through the 'Lost valley' are just some of Heligan's secrets. We also visit the nearby Eden Project. Not many years ago, the site was a dusty, exhausted clay pit and symbol of Cornwall's industrial decline. Now its home to the world's largest plant filled greenhouses in the world and is effectively a superb, monumental education project about how much people depend on the natural world. Tropical, temperate and desert conditions have been recreated inside the massive biomes. B.

Day 19. Tue 19th June. To Bath and local sights

This morning we travel by train to one of England's most loved places, the historical city of Bath, near to Bristol. Here you will find one of the finest Roman bathhouses in the world with extensive, exquisite Regency architecture in honey-coloured stone. Bath boasts so many listed buildings that that the whole city has been listed a World Heritage site. One of Britain's most appealing cities. B.

Day 20. Wed 20th June. Depart Bath

The trip concludes after breakfast. B.

***** If also doing option two, today you will travel by train and bus to St Bees, Cumbria *****

Itinerary – Option Two

Day 1. Wed 20th June. Arrive St Bees

Travel to St Bees and meet up with the group tonight over our included dinner. St. Bees is a tiny village near the coast and marks the western extremity of the Coast to Coast Walk. D.

Day 2. Thu 21st June. To Ennerdale Bridge

Leaving the coast and gaining some altitude, enjoy the unfolding scenes of the peaks (views of Pillar and Great Gable) on this wonderful walk through to Ennerdale Bridge, a little settlement at the confluence of two rivers. Around 24kms today. B.

Day 3. Fri 22nd June. To Rossthwaite

The next few days through to Shap are arguably the finest 80kms or so of trail that England has to offer and will take us through the absolute best of the Lake District. Today is a longish day of 23kms. The route passes Ennerdale Water,

Lake Buttermere and Honister Pass (356m) on the way to Rossthwaite, a charming hamlet of whitewashed cottages, inviting inns and bustling farms. B.

Day 4. Sat 23rd June. Day off in Rossthwaite

This is a good little base to explore some nearby peaks, such as Great Gable (900m), Scarfell (965m) or perhaps even climb the highest peak in England – Scarfell Pike (978m). A little to the north is lovely Derwent Water and the town of Keswick for other pursuits. B.

Day 5. Sun 24th June. To Grasmere

Grasmere is one of the prettiest of the Lake District hamlets, lying at the base of a sweeping valley dotted with slate coloured hills. It has extensive romantic and literary connections to Wordsworth and Coleridge. Around 15kms today. B.

Day 6. Mon 25th June. To Patterdale

Another wonderful day of walking around 13kms brings us north towards Patterdale at the head of Ullswater, the 2nd largest lake after Windermere. Carved out by a long extinct glacier, the deep valley in which the lake sits is flanked by an impressive string of fells (mountains). B.

Day 7. Tue 26th June. To Shap

A longish day of around 24kms heads east and passes Haweswater on the way to Shap, a small village on the eastern edge of the national park. It has 4 pubs, so maybe a celebration drink to our efforts in reaching the near mid-point of the Coast to Coast path. B.

Day 8. Wed 27th June. To Orton

Having left the lakes behind us we are now in rolling farmland, without so many steep ascents and descents. Limestone crags and open pasture are features of the next few days, as are several prehistoric sites. We overnight in delightful Orton, a little village with many 17th and 18th century cottages and an even older parish church. B.

Day 9. Thu 28th June. To Kirkby Stephen

A pleasant walk of 20kms includes views of red sandstone hills and the river Eden that passes beside the little market town of Kirkby Stephen. B.

Day 10. Fri 29th June. To Keld

Today and tomorrow we are walking through the northern reaches of the Yorkshire Dales National Park. Its glacial valleys are characterised by a distinctive landscape of high heather moorland, stepped skylines and flat-topped hills rising above green valley floors patchworked with drystone dykes with pretty wee towns and hamlets. Sheep and cattle still graze on village greens! This is known as James Herriot country. We walk 23kms today to the remote hamlet of Keld. B.

Day 11. Sat 30th June. To Reeth

We cross the Pennines and wild moorland as we reach the little village of Reeth in the Swaledale Valley after 20kms walking today. B.

Day 12. Sun 1st July. To Richmond

Leaving the moors and the national park, we descend to the handsome market town of Richmond, one of England's best kept secrets, perched on a rocky outcrop overlooking the River Swale, and guarded by the ruins of a massive castle. A maze of cobbled streets radiates from the broad, sloping market square, lined with elegant Georgian buildings and photogenic stone cottages. We will take a break here and spend two nights. Around 23kms walking today. B.

Day 13. Mon 2nd July. Day off in Richmond

After a steady week of walking, time for a day off. Don't miss a visit to Richmond Castle, founded in 1070 and one of the first castles in England to be built of stone. There are several interesting museums in Richmond also and a lively Saturday market. B.

Day 14. Tue 3rd July. To Ingleby Cross

Today is the flattest section of the Coast to Coast and it traverses the 'no mans land' between the Yorkshire Dales and North York Moors National Parks. A fairly uneventful stage but pleasant none the less. However, it is rather long at

37kms through to the tiny village of Ingleby Cross. The distance today is around 37kms, so you may prefer to use public transport. **B.**

Day 15. Wed 4th July. To Great Broughton

The wild open spaces of the North York Moors have a unique atmosphere that feeds the spirit and lifts the soul. Weather beaten stone crosses mark the line of ancient drove roads. Overnight in the little village of Great Broughton. Around 19kms today. **B.**

Day 16. Thu 5th July. To Glaisdale

Another longish day as the route continues east across the moors to the little village of Glaisdale. Don't miss the delightful Beggars Bridge in the village today. Around 30kms today. **B.**

Day 17. Fri 6th July. To Littlebeck

Many walkers consider the next couple of days to be the most varied and best section of the entire trail. Enchanting woodland makes a pleasant change of scenery today. Overnight in the hamlet of Littlebeck after a shorter day of 12kms. **B.**

Day 18. Sat 7th July. To Robin Hood's Bay

The end is in sight! More woodland and moors walking brings us to the high cliffs on the North Sea Coast where the route joins the Cleveland Way Route. Now we turn southwards to the end of our wonderful trail at Robin Hood's Bay. The name has nothing to do with the hero of Sherwood Forest and the origin of the name is a mystery. But there is no denying that this picturesque fishing village is one of the prettiest spots on the Yorkshire coast. The maze of narrow lanes is full of pubs, craft shops, artisan's studios and cafes. We spend a couple nights here. Around 19kms today. Enjoy an included dinner to celebrate our success! **B. D.**

Day 19. Sun 8th July. Day off in Robin Hood's Bay

Enjoy the ambience or visit nearby Whitby, a delightful coast town a few kms north. Split by the River Esk, Whitby is both a busy commercial and fishing port and also a traditional seaside resort. The town has managed to retain much of its 18th century character, recalling the time when James Cook – Whitby's most famous adopted son, was making his first forays at sea on his way to becoming one of the best known explorers in history. There is a 10km coastal path linking Whitby to Robin Hood's Bay, so you may like to walk or bike one way and take the bus the other way - they run hourly. **B.**

Day 20. Mon 9th July. Depart Robin Hood's Bay

The trip concludes after breakfast. **B.**

Booking Conditions : FMC Travel Club and Travel Smart Napier

1. The FMC Travel Club (FMC) offers this small group trip in conjunction with Travel Smart Napier (TSN). All travel arrangements for the operation of the core trip are made with TSN. Participants agree to all terms and conditions by signing the Registration Form. These conditions over-ride those of any entity providing services to enable this trip to
2. FMC and TSN are not responsible or liable for any injury, damage, loss, accident, delay or irregularity which may arise from weather, defect in any vehicle, vessel or aircraft, or through the acts or default of any person or company engaged in carrying out any of the arrangements of the trip.
3. We reserve the right to cancel the trip if minimum numbers don't eventuate. In such an event, all monies paid will be fully refunded. We also reserve the right to make any modifications that may be essential, or to offer a modified trip to a smaller number of people.
4. The trip includes a payment to FMC.
5. **Registrations are accepted in good faith on a first comers basis on receipt of the Registration Form. The deposit is \$1500 per person per option and will be invoiced only once a core minimum number of registrations have been received. Registrations close (ideally) by 30th November 2017 and final balance is due by 28th February 2018. All payments may be made by cash, cheque, EFTPOS, internet banking, visa or mastercard to the offices of TSN. All or any payments by visa or mastercard attract an additional \$130 per person per option to the final cost. Our preferred method of payment is internet banking. Please use : 010685 0151601 46 at ANZ Napier, with a covering email. Cheques are payable to Travel Smart Napier.**
6. If travelling on a NZ passport, no entry visa is required and passport validity only needs to cover travel dates in the United Kingdom. If travelling on another passport, other rules may apply.
7. Arrangements are made in British Pounds, so subject to fluctuations. Events beyond our control such as currency fluctuations or any unforeseen additional costs may affect the overall trip price. We cannot guarantee the price until such times as full payment has been received. Upon full payment, the trip price is guaranteed.
8. **Cancellations. If you need to withdraw your registration for any reason, please advise TSN as soon as possible. An email is OK, a phone call alone is not. Travel insurance will cover for unforeseen circumstances but will not cover you for changing your mind after committing to the trip. Cancellation fees apply as follows :**
 - **Cancellations received from 1st November 2017 to 28th February 2018 onwards incur a fee of \$1500 per option or \$3000 if doing both options.**
 - **Cancellations received from 1st March 2018 onwards incur a fee of 100% of trip costs.**
9. Travel Insurance is mandatory. And we are able to assist with cover through Kiwi Holiday Insurance or Covermore. While insurance cover may be taken out elsewhere, relevant details must be disclosed.

Registration Form for England 2018 :

Complete and send to John Dobbs at TSN with a passport copy. **Registrations ideally close by 30th November 2017 (or earlier if the trip fills earlier). So your earliest commitment is appreciated.** All or any payments by visa or mastercard adds \$130 per person per option.

Do not send deposits when registering. Once a core number of people have registered, invoices for deposits will be sent out. Our preferred payment method is internet banking into : 010685 0151601 46 at ANZ Napier (with a covering email please)

Your full name(s) as per passport(s) please circle or highlight your preferred first name(s)

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Please circle the options you want.....Option 1.....Option 2.....Option 3

Solo travellers, please circle if you are happy to twin share with someone of the same gender or if you prefer the per option surcharge of \$800 for a solo use room

.....twin share.....solo use room / will pay the surcharge

Snail mail address.....

Email.....Date(s) of birth.....

Day phone.....Night phone.....Mobile.....

Specify any dietary requirements, allergies or medical conditions.....

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Please detail your recent tramping experiences

.....

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Contact person in NZ for any emergencies : name, address, contact phone numbers, email and relationship to you. In the event of any emergency, this is the sole person you are authorizing us to liaise with

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I / We have read the full trip dossier and I / We agree to pay the deposit of \$1500 per person per option and the remainder of trip costs by due dates, as advised by invoice. I / We understand that the final trip price is subject to minimum numbers and other cost impacts under the Booking Conditions section; therefore the final trip price cannot be guaranteed until such times as full payment has been made.

.....signed and dated by each person who is registering

Send to : John Dobbs, FMC Travel Club Convenor
Travel Smart Napier

Civic Court, Dickens Street, Napier 4140. P : 06 8352222 E : john@travelsmart.co.nz

